



NEWS

SHS WELCOMES TRACY AND SCELFO

The newest members of the administration team join Simek to usher in a new beginning and create a place where every student belongs

Sarah Elkhaddam
Co-Editor-in-Chief

In the last couple of years, Springfield High School students have been experiencing changes like never before. From the outbreak of Covid, the demolition and construction of the old and new high schools, and students transitioning to the new campus, students are excited to meet the new administration.

Seeing the successful ways Springfield High School students have been adjusting to their new setting, Dr. Tracy and Ms. Scelfo are ready to make the new Springfield High School a place where all students belong.

The switch to the new administration was fairly quick in terms of time, and it seems Ms. Scelfo and Dr. Tracy have been right on top of things. This transition appeared seamless because of their time at the middle school and both are confident that they can meet the challenges of high school.

When Dr. Tracy was asked, he stated, "It's a challenge, I think that's what it is more than anything."

In addition, Ms. Scelfo stated, "Both aspects have things I greatly enjoy. Neither one is harder or easier than the other."

What about the way they felt when they had received the news of their new positions at the high school?

"I was very excited to catch up with old students," stated Ms. Scelfo, "and I was very excited for a new challenge and a new experience. I knew I would miss working with the middle school students but this opportunity was very exciting to me."

Dr. Tracy added, "I was very honored. It felt like a recognition of the work and effort that I had put in. The fact that Dr. Barber felt as though I was the school district's choice to be the principal of the high school was really an honor."

Whether they were sad, excited, or nervous, Ms. Scelfo and Dr. Tracy are excited to be a part of the high school.

As these new administrators assimilate into their new environment, they both have goals they have set for themselves as the lead educators at the high school. What exactly are these goals?

"I think our answers are going to be pretty similar," states Ms. Scelfo, "We are working with staff and students to make sure everybody belongs and to create an atmosphere where all students are working towards their goals."

Similarly, Dr. Tracy states, "The most important thing for me, ultimately, is that when kids graduate here, there are as many doors of opportunities open for them as possible. I want kids to get such a great education that they can accomplish whatever it is they want."

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CHIPOTLE vs YOSEMITE



Vote for the best burrito!

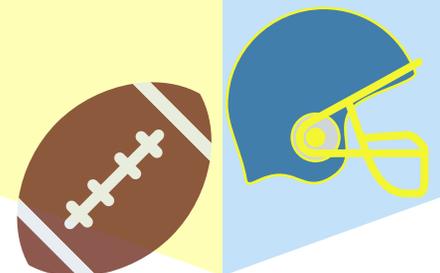


CALIFORNIA OIL SPILL

California oil spill causing negative impact on marine life



COLLEGE FOOTBALL WEEK 9 PREVIEW



SHS WELCOMES TRACY AND SCELFO

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Though not many students may be aware of this, Dr. Tracy and Ms. Scelfo are working using all of their efforts in order to create a successful environment at the high school where kids can accomplish any goals they may have. Even though they've only been here for a couple of months, they are already making an impact.

Leading high schoolers is not always easy. In the few months they've been here, Dr. Tracy and Ms. Scelfo must have learned a few things. What are some things they wish they had known before coming to the high school?

"Over the summer," began Dr. Tracy, "things had seemed liked they were going so well with Covid. I wish I had known that so much of the work and focus we had this summer in attempting to make this school year as normal as possible would make this year a little different. I wish I had a crystal ball to see what this year would hold for us."

Spri-Hian Policy

The Spri-Hian is a student-run newspaper established in 1932 and has been published by the Springfield School District with a purpose to inform and entertain the student body of Springfield High School.

The Spri-Hian aims to be the voice of its readership and to provide a forum for students to express their vetted opinions. A student-run newspaper creates the opportunity to practice and value responsible journalism.

The content of the Spri-Hian is a decision that is the responsibility of the student staff with the aid of the adviser. The Spri-Hian staff is open encouraged to communicate with the administration about story ideas, drafts, and discussions that center on journalistic integrity that builds credibility with the Spri-Hian's readership.

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Ms. Scelfo adds, "I felt pretty prepared--aside from the unexpected things. It would be great to have known that we would still be needing to do some of those procedures and safety measures that came along with the pandemic."

In general, it seems as though the virus had thrown a curveball in their expectations for the year, but they've still managed to overcome that and persevere.

It couldn't have been easy overcoming these kinds of challenges, they must have had hobbies they enjoyed doing. So what were these activities?

Dr. Tracy stated, "I love camping, and I've taken up golf."

"Mine is quite simple," adds Ms. Scelfo, "I have a dog, a little beagle, named Annie, and one of my biggest ways to start and destress my day is to go on long walks with her around the neighborhood."

Destressing is an important part of everyone's day. Nobody should be able to manage a high school and not be able to kickback and relax for a bit. Dr. Tracy and Ms. Scelfo shared what kind of books they read and what kind of shows they watched.

"This is definitely boring," said Dr. Tracy, "it is called Trust Based Observations and another one is Training Camp: A Fable About Excellence."

"Mine is too," said Ms. Scelfo, "it's called The Teenage Brain and it's an educational read."

Ms. Scelfo was very excited to express what shows she enjoyed watching so she answered the question before it was asked! She stated, "I'm currently looking for recommendations but I do watch a lot of Shark Tank."

Dr. Tracy stated, "My wife and I are watching some netflix show called Midnight Mass."

In conclusion, running a school is never easy. While Ms. Scelfo and Dr. Tracy may seem like they have it all under control, they too need their own hobbies to destress and relax. They also want the best for all of their students; they want everyone to succeed and become the best people they can be.

Dr. Tracy and Ms. Scelfo find joy in interacting with high schoolers like it's something casual and being able to tell high schoolers that they understand what the kids are going through.

CALIFORNIA OIL SPILL CAUSING NEGATIVE IMPACT ON MARINE LIFE

Evelyn Lombrana
Staff Writer

The Elly Oil Rig which is operated by Beta Offshore, a Houston-based Amplify Energy Corporation, dumped 120,000 gallons of oil off the coast of Southern California into the Pacific Ocean, on Wednesday, October 6, because of a split in the pipe and this will have long term impacts to the birds and marine life.

This spill occurred specifically in Huntington Beach, California, from a ruptured underwater pipeline that dumped more than 120,000 gallons of crude oil into the Pacific Ocean. The spill was caused by a split in the pipe connected to the Elly Oil Rig which is operated by Beta Offshore, a California subsidiary of Houston-based Amplify Energy Corporation.

NPR News states that according to a statement from officials, "Diver reports and [video] footage show that a 4,000-foot section of the 17.7 mile-long pipeline was displaced with a maximum lateral movement of approximately 105 feet and had a 13-inch split, running parallel to the pipe."

This split occurred about 5 miles offshore and at a depth of around 98 feet. On Sunday, the U.S. Coast Guard announced an investigation to figure out how the spill occurred thinking that a ship's anchor may have got caught on and bent the pipeline.

Amplify energy told federal investigators that the total amount spilled may only be 29,400 gallons. U.S. Coast Guard Captain Rebecca Ore confirmed this statement and said five federal and state agencies determined there to be at least about 25,000 gallons of crude spilled.

The U.S. Coast Guard has recently recovered 4,788 gallons of crude oil and around 15.67 miles of light oiling was reported onshore. Officials have been cleaning up the oil by skimming it off the surface of the ocean, erecting 2,050 feet of protective booms to keep oil out of special wetland areas, and sending workers to collect blobs of oil on beaches.

The total of the oil collected on and offshore was around 5,544 gallons of crude, according to Unified Command. However, many people think there is much more oil than accounted for because most of it is underneath the water.

For instance, David Pettit, a senior attorney at Natural Resources Defense Council, said, "That is just a hint as to what the volume was. Most of the



Courtesy of Evelyn Lombrana

stuff is below the surface and looking at the sheen doesn't tell you how deep this stuff is." Sarah Bedolfe, a marine scientist with ocean advocacy group Oceana, said those responsible for oil spills will need to pay for the damages done, so spill estimates tend to be lower than the amount there is.

The long-term impacts of this spill will be significant to the environment, particularly the birds and marine life. Andrea a Bonisoli Alquati, a professor of biological sciences at Cal Poly Pomona, told NPR, "the exposure that they get subtly through their diet or because of physical contact later on might affect their physiology, their health and translate into a lower reproductive success and therefore lower chances of the population to persist."

These devastating effects are already being seen in Southern California since officials were starting to find dead birds and fish washing up ashore. The Huntington Beach Wetlands Conservancy says that Talbert Marsh, which is in the zone of the oil spill, is home to about 90 different bird species. Not only did the spill occur at a sensitive place, but it was also a critical time since many bird species head south for the winter.

Sarah Rose, executive director of Audubon California, says, "This spill is a reminder that petroleum and water are a dangerous mix along California's precious coast and that continued reliance on oil kills birds and other wildlife, threatens our public health, and harms local economies and recreational opportunities."

The Coast Guard and other officials are still trying to clean up the oil, wildlife is still dying, and whether or not this deadly spill will be an example of why not to use fossil fuels, remains to be seen.

SOUTHERN CALIFORNIA PIPELINE OIL SPILL CAUSED BY ANCHOR WAS DAMAGED FOR UP TO A YEAR

Nathan Campbell
Staff Writer

The oil spill in California last week was caused by unresolved anchor damages.

According to The Guardian, "An estimated 126,000 gallons leaked from an underwater pipeline in one of the largest spills in recent state history."

"The spill is suspected to have originated in a 17.5-mile pipeline located 80-100ft beneath the surface off the Orange county coast."

Public Works officials worked to clean up the crude oil spill and Amplify Energy Corp shut down the pipeline and platforms later that day.

But despite their efforts, residents and workers around Huntington Beach questioned whether they could have acted faster.

"By the time it comes to the beach, it's done tremendous damage. Our frustration is," stated Gary Brown, president of the environmental group Orange County Coastkeeper, "it could have been averted if there was a quick response."

The primary concern of many residents and environmentalists is over the devastating effects the oil has on the environment and native wildlife.

Huntington Beach mayor Kim Carr called the spill an "environmental catastrophe" and a "potential ecological disaster."

"Our wetlands are being degraded and portions of our coastline are now covered in oil."

She added, "In the coming days and weeks we challenge the responsible parties to do everything possible to rectify this environmental catastrophe."

The oil rig is owned and operated by Beta Offshore, a California subsidiary of Houston-based Amplify Energy Corporation, but calls from Reuters went unanswered.

The damages may have been caused up to a year ago, according to NPR reporters.

A large ship could have cracked the outer layer of concrete, but it is unlikely the small crack was caused by the vessel.

No ships have been identified for causing the damage.

"We're going to be looking at every vessel movement over that pipeline, and every close encroachment from the anchor just for the entire course of the year," stated Capt. Jason Neubauer, chief of the Coast Guard's office of investigation and analysis.

CENTER CITY SHOOTING IN JEFFERSON HOSPITAL

Asna Akram
Staff Writer

A nursing assistant, Stacey Hayes, was armed with multiple weapons and killed his coworker, Anrae James, and had a shootout with the police around 12:08 am on Monday at the Thomas Jefferson University Hospital in Pennsylvania.

Patients visit the Jefferson Hospital hoping to treat their health problems and deserve to feel safe while doing so, and the students of the School of the Future who were close to the incident have a right to feel safe near school grounds.

6ABC quotes Philadelphia Police Commissioner Danielle Outlaw stating, "We do believe that other employee was targeted... The reasons why, at this point, we still don't know." Outlaw said that it is uncertain if Hayes was working at the time of the shooting.

While in a hospital, the patients should trust their doctors and feel safe around them. Patients should not have to worry about whether or not their doctor walks into work the next day with an AR-15.

According to 6ABC sources, the surveillance video shows Hayes walking up behind James and opening fire while he was seated at his workstation. Allegedly James tried to flee, but Hayes kept shooting at him. After killing his coworker, James fled the scene towards 40th Street and Parkside

Avenue in the Parkside section of the city, near the School of the Future.

Officers were flagged down by a witness and reported a man in scrubs with a weapon that was potentially firing rounds in the air.

The commissioner stated that once the officers arrived, Hayes started shooting at them.

Four of the officers returned fire while two of the officers were struck and put into the hospital. The 30-year old officer that was struck was put into critical but stable condition while the other officer was treated and released.

The School of the Future was virtual the next school day due to the proximity of the shootout to the school.

High School students deserve to feel safe while attending school. They should be worrying about the next test, not about being caught in the crossfire of a shootout or pondering what would have happened if the shooting took place at a different time and place.

Eyewitness News received court records showing that in August of last year, Hayes had multiple firearms and ammunition seized by the police, but after petitioning for the weapons back, were returned to Hayes in June 2021. 6ABC's sources say that the firearms were first taken away due to psychiatric reasons.

WHICH BURRITO PLACE IS BETTER?

Baleigh Rhodes and Asbah Shaikh
Staff Writers

CHIPOTLE

What's our go-to favorite burrito place? Chipotle! I mean, you've never tried a good burrito until you've been to Chipotle, that's for sure.

They have everything from a burrito bowl, a traditional burrito, or just chips and guac.

Nobody even knows what Yosemite even is-- everyone's heard of Chipotle for a reason.

Not only does their food taste good and fresh, but they give a lot too. This makes the price worth it. The atmosphere of every chipotle no matter where it is is friendly and exciting.

This Fast Casual Mexican themed place also has fast service.



TELL US WHAT YOU THINK!
CAST YOUR VOTE



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YOSEMITE BURRITO



I might get a lot of backlash for this statement, but I'm just gonna come out and say, Yosemite Burritos are way better than Chipotle.

I'm not saying Chipotle is terrible, all I'm saying is that it's not on the same level as Yosemite.

Now let me tell you the correct order of a burrito. You 100% need to get steak as your choice of meat, this is non negotiable.

Then choose White rice or brown rice, it doesn't matter if they're both delicious.

Here is the important part, this is where you get your flavor; black beans, pico de gallo, red tomato salsa, sour cream (you have to ask for extra or you'll be sold short), shredded cheese (you also need to ask extra for this), lettuce, guac, diced onion, corn, and lastly but not really needed, cilantro.

Yes I know this is a loaded burrito but if you want that burst of flavor in your mouth you gotta deal with it.

See this is why Yosemite is better than Chipotle, options. Chipotle doesn't have all these sauces or ingredients, it has your normal everyday toppings.

But Yosemite, Yosemite goes above and beyond.

Fresh ingredients laid out in front of you everyday calling your name from inside its canister. Can you hear it?

A TIME TO INTERVENE AND MAKE A DIFFERENCE

Haniya Raheel
Staff Writer

What would you do if you saw someone being sexually assaulted right in front of your eyes? I'm hoping your response isn't that you'd pull out your phone and start recording the scene.

There was an alleged rape incident reported to Septa Police that took place on a train in Philadelphia and a number of people witnessed the assault.

Instead of trying to help the women or at least alert authorities, two people pulled out their phones and started recording the scene.

According to NPR, "Surveillance video shows two passengers holding phones up toward the assault, Stollsteimer said."

Out of all the people on the train, not a single one of them intervened and only one managed to alert authorities.

This is just aggravating and it is absolutely disappointing that the society we live in today chooses to record these types of events instead of being decent humans and at the least notifying the police.

This could also be a generational issue we may need to work on together. Younger generations are so used to pulling out their phones to record anything that's happening around them.

It is everyone's responsibility to try and help someone who is being taken advantage of.

This case can indicate many things. It can explain to us how women's safety and self-defense are not strong, our society isn't the way it should be, and there is a lack of intervention even in serious situations.

Being raped not only affects people physically it also affects them mentally. A lot of trauma such as anxiety could be caused to the person who is being assaulted.

In a CNN news article "Sexual assault and harassment linked to long-term health problems for women, study says" reporter Sandee LaMotte stated, "High blood pressure. Anxiety. Depression. Insomnia. These are just a few of the possible long-term health consequences facing mid-life women who had experienced sexual assault and harassment, according to a study published Wednesday in JAMA Internal Medicine."

According to the CNN article, anxiety isn't the only mental effect on women who are raped. "Women in the study who reported prior sexual assault were three times more likely to experience depression and twice as likely to have elevated anxiety than women without a history of sexual trauma, said senior study author Rebecca Thurston, professor of psychiatry at University of Pittsburgh School of Medicine."

In Septa's rape case, action should've been taken against the rapist as the woman assaulted could now be facing emotional, physical, and mental consequences.

Anyone who witnesses a rape should stand up as it is a serious matter that could lead someone dead or mentally unstable.



Images courtesy of Canva

LACK OF SLEEP IS A PARAMOUNT ISSUE FOR TEENS

Annie Varughese
Staff Writer

In order to improve academic performance, productivity, and overall well-being, teenagers should be getting more sleep.

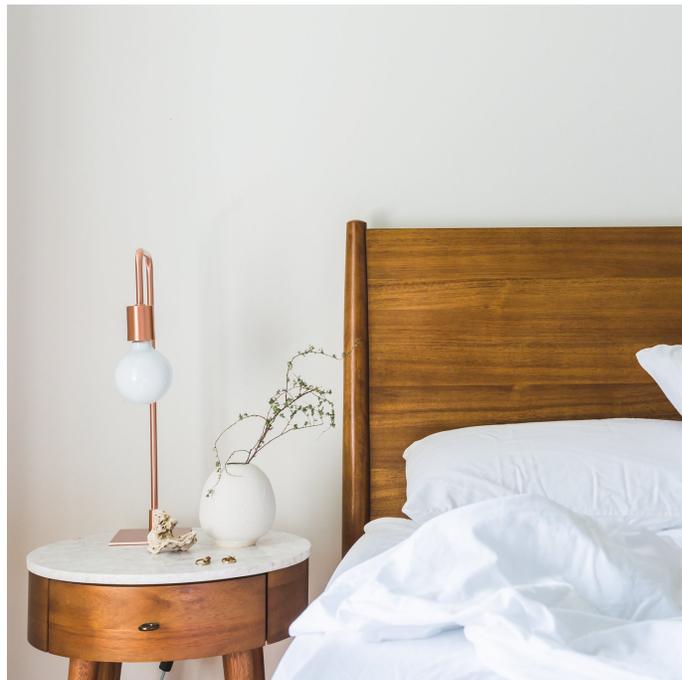
The American Academy of Sleep Medicine says that teens need between 8 to 10 hours of sleep per night, and data from four national surveys conducted from 2007-2013 found that nearly 69% of high school students got seven or fewer hours of sleep per night.

A huge cause for lack of sleep is homework. Many times, some students are pulling all-nighters trying to finish up their work, which causes them to be very sleepy during school, resulting in them not being able to concentrate during class, which results in poor academic performance.

Time management is a major key to fixing this sleep issue. Students should reflect on what times they are doing their homework. If they are starting in the evening, they should consider starting a few hours earlier so that when they finally finish up their work, it is not too late into the night.

Lack of sleep for teens can have a mental toll too. Sleep deprivation can cause anxiety and depression.

Grades, test scores and homework are the top two causes of stress for teens. The more stressed a teen feels, the more likely they are to get less



sleep, go to bed later, and wake up earlier.

William Dement, the founder of the Stanford Sleep Disorder Clinic spoke on teens' deprivation. He says, "It's a huge problem. What it means is that nobody performs at the level they could perform."

Sleep deprivation is also a major cause for car accidents. Because of lack of sleep, drivers can fall asleep behind the wheel and end up crashing.

In the article, "Among teens, sleep deprivation an epidemic," Ruthann Richter writes, "Teens are also biologically disposed to a later sleep time because of a shift in the system that governs the natural sleep-wake cycle. Among older teens, the push to fall asleep builds more slowly during the day, signaling them to be more alert in the evening."

Sleep deprivation has become a major issue for teens that comes with serious health consequences.

Therefore, teens should try to sleep the recommended 8-10 hours that the American Academy of Sleep Medicine recommends.



Images courtesy of Canva

A BRIEF HISTORY OF ART

Rohn Bucknam
Staff Writer

Art is a universal language of expression that has been used throughout time and all throughout the world.

Art has taken many forms throughout history from drawings in caves, to the Sistine Chapel, to graffiti on city streets.

Mostly everyone who has ever walked this Earth, no matter where or when, can recognize art and see the importance it holds.

Some of the first known recorded works of art were in caves by what were most likely ancient hunter gatherers before the first establishment of civilization.

This art often depicted pictures of large animals and plants in the area most likely as a form of communication between these prehistoric humans.

As people evolved so did art which took an even more significant role.

Art throughout ancient civilizations can be seen as a way of telling stories, often religious stories that depicted their chosen gods or even stories of their rulers and their great accomplishments. These ancient works of art have helped historians to better understand ancient civilizations and the people that lived within them as they are one of the best recorded records of these ancient cultures that have now been long forgotten.

Art took its first major turn during the Renaissance era that emerged out of Florence, Italy where art started to focus on realism and individualism. The Renaissance produced some of the most influential artists in all of human history with Leonardo Da Vinci being my personal favorite.

Da Vinci was so invested in his art and accurately recreating realistic humans in his art that he would study and dissect human corpses to better understand human anatomy.



Images courtesy of Canva

Art continued to evolve during a long realistic period which took many different forms and it wasn't until the impressionist movement that art took one of its most important turns.

Impressionist art aimed to not only recreate something the artist saw but also the emotion behind it. Impressionist and post-impressionist painters, like the famous Vincent Van Gogh, showed people more than just something they could see by looking out their window; they were able to add personality and real raw emotions to their art through visible brushstrokes and vivid colors.

Art continued to evolve into surrealism, abstract, pop art, and even street art. Street art is one of my favorite forms of art that has ever existed and I think probably the most important form of art.

Street art is a raw form of expression that uses both new techniques and heavy influences from the past.

Street artists are able to express not only their emotion but also their views on the world like the famous Jean-Michel Basquiat who took an abstract approach and often expressed racial issues through his art, and Banksy who uses stencil art to express his anti-elitist/anti-authoritarian view of the world.

My favorite street artist, and the one I am most influenced by, is Keith Haring who used a very simplistic style to express not only his views on the world as an openly gay man, but also accurately depict movement and emotion in a way that the characters in his pieces almost seem to dance around the canvas or wall he decided the work on.

Art in all its forms and throughout time has been the most accurate form of expression for the artist and as it had seen many changes throughout its history and will always be at its core what it has always been, art.



WEEK 9 COLLEGE FOOTBALL PREVIEW

Nathan Cain
Staff Writer

On October 30th 2021 there is a lot going on in the college football world.

Here are my top games for the week...

7 Penn State at 6 Ohio State

With Sean Clifford going down in week 6 against Iowa, the Lions offense couldn't get anything going for them.

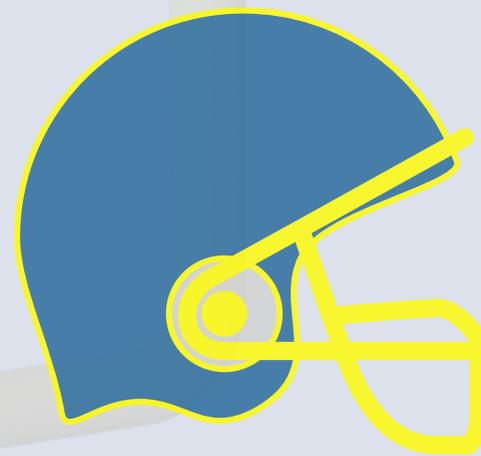
They put the second half of the game on their defense to come up strong. But that didn't work as Iowa scored 13 points in the second half closing the game with a win over Penn State. Without Sean Clifford my hopes for Penn State's offense are really low.

On the other hand, Ohio State is looking very good as they destroy Maryland 66-17. Ohio State is looking great on both sides of the ball right now and CJ Stroud is looking much better than he did in the past. Ohio State's offense is averaging 48.5 points a game while Penn State's defense is averaging 13.83 points scored against. My winner- Ohio State.

defense with only allowing 15.5 points against them. But can Jim Harbaugh get a win in Spartan Stadium?

The Spartans have not played a ranked team either but home field is a huge factor in the game.

With home field advantage they will come out fired up. They are going to have to rely on RB Kenneth Walker III to have a big game, considering Michigan isn't playing the run well. The Spartans will upset Michigan and win the rivalry game. Therefore my winner is MSU.



8 Michigan at 10 Michigan State

The Wolverines are looking well as they are 5-0 but they have not played a ranked team yet. Freshman LB Junior Colson is really helping their

1 Georgia at 20 Florida

The Bulldogs are looking like the best team in college football right now with no one coming close. According to "2021 Football Cumulative Statistics" their defense is only allowing 5.5 points per game plus two shutouts this year so far. Kirby Smart is looking for a championship this year and so far it is going as planned with their monster defense. Georgia is looking dominant and nobody is beating them.

With the Gators they just came off an upsetting loss to Kentucky in week 4. They started the year at 17 now they are 20. The Gators are 3-2 and looking for a big win at home. They are sticking with Emory Jones as their starting quarterback. But Florida is not coming close to Georgia in week 9. My winner is the Bulldogs.