# \*Springfield School District Referral Resources

#### AIDS Information:

Action AIDS Phone: 215-981-0088

AIDS Hotline Phone: 215-985-2437

<u>C.D.C. National STD/AIDS Hotline</u> Toll free: 1-800-343-2437 Spanish: 1-800-344-7432 Hearing Impaired: 1-800-243-7889

PA AIDS Fact line Toll free: 1-800-662-6080

#### Autism & Asperger Syndrome:

<u>The Asperger Syndrome Alliance for Greater Philadelphia (ASCEND):</u> - A charitable organization that provides awareness about Asperger Syndrome by advocating for improved education and services. Provide support and information to the asperger community. Address: 2617 Darby Road Havertown, PA 19083 Phone: 610-449-6776 Website: www.ascendgroup.org

<u>Potential:</u> A non-profit organization dedicated to providing quality services to individuals with autism. Provide a variety of home and school consultation services. Phone: 888-Autism-0 Website: <u>www.Potentialinc.org</u>

<u>Cathy Grayson, M.A.</u> – Autism Consultant Address: 112 Bala Avenue Bala Cynwood, PA 19004 Phone: 610-825-7567 E-mail: hannac54@hotmail.com

# **Bereavement Services:**

<u>Compassionate Friends</u> – Offer love and understanding to bereaved parents or siblings

Address: Valley Forge Chapter 340 Allendale Road King of Prussia, PA 19406 Phone: 610-337-9726

<u>Families of Murder Victims</u> – Provide court accompaniment, victim's compensation assistance, support groups, criminal justice information and referrals to families of murder victims Address: 1421 Arch Street, 7<sup>th</sup> Floor Philadelphia, PA 19102 Phone: 215-686-8078 Educational component to teach children in school alternatives to violence and conflict resolution Phone: 215-438-9070

<u>Grief Counseling and Support Services</u> – Individual, family, and group counseling and therapy for all types of loss. Education on loss, trauma, and grief for the community Contact: Jeffrey Kauffman Address: 8600 West Chester Pike, Suite 304 Upper Darby, PA 19082 Phone: 610-789-7707

## Case Management Services:

<u>Crozer-Chester Medical Center-Child Intensive Case Management (ICM)</u> Address: Community Division 2600 West 9<sup>th</sup> Street Chester, PA 19013 Phone: 610-497-7700

# Child Abuse:

Child Abuse Prevention Effort (CAPE) Phone: 215-831-8877

<u>Childline:</u> - National hotline to report abuse (physical, sexual, & emotional) Hotline: 1-800-932-0313

<u>Family Support Line of Delaware County</u> – Seeks to reduce child sexual abuse and its effects through treatment, education, and advocacy. For the abused and perpetrators Address: Delaware County Child Sexual Abuse Center 216 West Front Street Media, PA 19063 Phone: 610-891-5277 or 610-891-5275

## **Counseling Services:**

<u>American Day Treatment Center</u> – Provides structured, individualized, clinically intensive partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 14 years and above with psychiatric and emotional disorders. The programs are designed to serve those who need the structure and intensity found in inpatient psychiatric programs but who do not require 24-hour inpatient care.

Address: 401 Pilgrim Lane, Suite 100 Drexel Hill, PA 19026 Phone: 610-645-7520

<u>Building Bridges – A Center for Healing & Change</u> – Provide individual, family, and couples therapy related to family conflicts, children's attentional and learning problems, suicidal behavior, physical and sexual abuse, and eating disorders.

Address: 36 East Front Street Media, PA 19063 Phone: 610-566-4011 <u>Catholic Social Services</u> – Offer sliding-scale counseling for individuals, couples, or families. Services for pregnant and parenting teens

Address: 240 N. Bishop Avenue Springfield, PA 19064 Phone: 610-626-6550 Address: 130 East 7<sup>th</sup> Street Chester, PA 19013 Phone: 610-876-7101

<u>Child Guidance Resource Center</u> – Spectrum of mental health and drug and alcohol services. Also truancy prevention programming Address: 600 North Olive Street Media, PA 19063 Phone: 610-565-6000 Fax: 610-565-6008

<u>Crozer Community Hospital</u> – Outpatient drug and alcohol and mental health services Address: 225 South 69<sup>th</sup> Street Upper Darby, Pa 19082 Phone: 610-352-8943 Fax: 610-352-8880 <u>Daemion House:</u> - Provide sliding-scale counseling for individuals, couples, and families. Offer services for crisis intervention, anger management, and parenting skills Address: 95 Howellville Road P. O. Box 77 Berwyn, PA 19314 Phone: 610-647-1431

<u>Elwyn, Inc.</u> – Provide Behavioral Health Services also includes programs for children and adolescents, ages 2 to 21, with social, emotional, and behavioral challenges. Programs include wrap-around services; school-based programs, including after-school care; case management; and programs for families and children with autism Address: 111 Elwyn Road Elwyn, PA 19063 Phone: 610-891-2000 <u>Northwestern Human Services</u> – Outpatient drug and alcohol and mental health services (Group, Individual, & Case Management) Address: 800 Chester Pike Sharon Hill, PA 19079 Phone: 610-534-3636 Address: 20 South 69<sup>th</sup> Street, 2<sup>nd</sup> Floor Upper Darby, PA 19082 Phone: 610-713-9580

<u>Multisystemic Therapy (MST) – Child Guidance-</u>Family focused and community based treatment program for youth with chronic delinquent behavior and emotional problems Address: 600 North Olive Street Media, PA 19063 Phone: 610-565-6000

<u>Rose Tree Counseling Center</u> – Couples therapy, individual counseling, and sexual abuse survivors counseling Address: 1033 North Providence Road Media, PA 19063 Phone: 610-566-4975

<u>Social Work Consultation Services</u> – Free individual, group, family, and couples counseling services Address: 2600 West Ninth Street, 2<sup>nd</sup> Floor at Community Hospital Chester, PA 19082 Phone: 610-364-0644

<u>Holcomb Behavioral Health Services - Teen Help Line</u> – Help line for teens; Hours of operation Monday to Friday 3:00 p.m. to 8:00 p.m. Phone: 610-352-Teen

#### Crisis Services:

<u>Crozer-Chester Medical Center – Crisis Unit</u> Address: One Medical Center Blvd. Chester, PA 19013 Phone: 610-447-7600

Mercy-Fitzgerald Hospital - Crisis Unit

Address: 1500 Lansdowne Avenue Darby, PA 19082 Phone: 610-237-4210

National Crisis Line Toll Free: 1-800-999-9999

National Youth Crisis Hotline (for children up to age 17) Toll Free: 1-800-448-4663

Poison Control Center Phone: 215-386-2100 Toll Free: 1-800-722-7112

<u>Project Reach</u> – 24 Hour mobile crisis team serving Delaware County Address: Holcomb Behavioral Health Systems 225 South 69<sup>th</sup> Street Upper Darby, PA 19082 Phone: 610-352-4703

<u>The Rockford Center –</u> Free 24 hour assessment and referral services Address: 100 Rockford Drive Newark, DE 19713 Phone: 302-996-5480 Toll Free: 1-866-847-4357 Website: www.rockfordcenter.com

#### Disaster Relief, Housing, and Shelter:

American Red Cross Phone: 610-874-1484

<u>Community Action Agency</u> – Offer employment/life skills training, housing, utility and food assistance, and emergency shelter

Address: 2<sup>nd</sup> and Orange Streets Media, PA 19063 Phone: 610-891-5101 Fax: 610-565-9332 <u>Connect</u> - Offers assistance to homeless people in Delaware County who are interested in working their way back into mainstream society. CONNECT provides case-management services, training in life management and job readiness skills, vocational counseling and assistance in finding employment. CONNECT helps homeless people find and use needed services and assists them in understanding how those services can help them become more self-sufficient Address: 133-35 Long Lane

Upper Darby, PA 19082 Phone: 610-352-1590

<u>Delaware County Housing Authority</u> – Provide rent assistance and vouchers for families in need of stable housing Address: 1855 Constitution Avenue P.O. Box 100 Woodlyn, PA 19094 Phone: 610-876-2521

<u>Delaware County HOPE</u> – Provides rent assistance Phone: 215-567-7803

## Domestic Violence:

<u>Delaware County Department of Human Services-Children and Youth Services</u> (<u>CYS</u>) – Child welfare agency. For allegations of child abuse/neglect, protective in-home services, placement services, family support services, and emergency services Phone: 610-447-1000

Domestic Abuse Project of Delaware County – 24 hours hotline, counseling, legal services, emergency shelter, and volunteer services Address: P. O. Box 174 Media, PA 19063 Phone: 610-565-6272 Address: P. O. Box 211 Chester, PA 19013 Phone: 610-497-6737 Hotline: 610-565-4590

#### Drug and Alcohol:

<u>Al-Anon</u> – For individuals affected by another's drinking Phone: 215-222-5244 Website: www.al-anon.alateen.org

Alateen - For children affected by others drinking Phone: 215-222-5244 Website: www.al-anon.alateen.org

<u>Alcoholics Anonymous</u> – Promotes and encourages sobriety Phone: 215-923-7000 (Main local branch) Phone: 610-527-9711 (Haverford) Website: <u>www.aa.org</u>

<u>Alcoholism and Addictions Council of Delaware County</u> – Offers assessment, referral, case management, education, information, support services, safe homes, and a hotline service (Associated with Holcomb) Address: 225 South 69<sup>th</sup> Street Upper Darby, PA 19082 Phone: 610-352-3489

<u>Center for Addictive Diseases</u> – Phone: 800-CARE-898 Website: <u>www.mainlinehealth.org</u>

Cocaine Anonymous Phone: 1-800-482-0983

Crozer Recovery Center: Phone: 610-497-7234

<u>Focus Psychological Associates:</u> Phone: 484-431-2931 <u>Harold S. Dalton (Private Therapist)</u> – Specializes in counseling for drug/alcohol dependence, men's sexual addiction, and gambling Address: 210 West Front Street Media, PA 19063 Phone: 610-565-2690 Cell: 610-220-3954 Holcolmb Behavioral health Systems: Phone: 610-352-8943

<u>Crozer-Chester Medical Center Substance Abuse Services</u> – Outpatient D& A family services, residential program, and a variety of services for individuals and families suffering directly or indirectly from the ramifications associated with chemical dependency Address: Community Division- Intake Center 2600 West 9<sup>th</sup> Street Chester, PA 19013 Phone: 610-497-7200 or 610-497-7223

Key Recovery Center Phone: 484-490-1060

<u>Keystone Center at Wetherill Estate</u> – Inpatient rehabilitation and detox for adults and adolescents Address: 2001 Providence Avenue Chester, PA 19013 Phone: 610-876-9000 Fax: 610-876-2117

<u>Mirmont Treatment Center</u> – Outpatient services and detox for adults and adolescents Address: 100 Yearsley Mill Road Lima, PA 19063 Phone: 565-9232 <u>Mother's Against Drunk Driving (MADD)</u> – Victims services, court accompaniment, public awareness, speakers, and victims impact panel Address: 14 South Church Street West Chester, PA 19382 Phone: 610-692-9001 Hotline: 215-535-5755

<u>Nar-Anon</u> – Self-help for friends and families of addicts Toll free: 1-800-678-4989

<u>Narateen</u> – Self-help for teenage children of addicts Toll free: 1-800-678-4989 Narcotics Anonymous Self-help for addicts Address: P. O. Box 336 Ridley Park, PA 19078 Phone: 610-534-9510

National Substance Abuse Information and Referral Hotline (24 hours) Toll free: 1-800-662-4357

NHS of Delaware County: Phone: 866-Sober-11

<u>Rehab After Work /Rehab After School</u> – Outpatient rehab for adults, adolescents, and families with alcohol and drug abuse Address: Falcon Center, Suite 201 525 West Chester Pike Havertown, PA 19083 Phone: 610-889-9939 24 hour Voice: 1-800-288-HELP

#### Eating Disorders:

American Anorexia/Bulimia Association of Philadelphia – Support groups for individuals with eating disorders, groups for family and friends, referral services, and hotline service Address: The Philadelphia Child Guidance Clinic 34<sup>th</sup> Street and Civic Center Blvd. Philadelphia, PA 19104 Phone: 215-221-1864

<u>Overeaters Anonymous (OA)</u> – Support for men and women who suffer from compulsive eating Address: P. O. Box 129 Warminster, PA 18974 Phone: 215-698-1701 <u>The Renfrew Center</u> – Residential program, intensive outpatient program, and referral service Address: 475 Spring Lane Philadelphia, PA 19128 Phone: 1-800-RENFREW Website: <u>www.renfrewcenter.com</u>

# Family Services:

<u>Big Brother/ Big Sister Association</u> – Mentors for children 7 to 11 years of age from single parent homes Address: 511-13 Welsh Street, 4<sup>th</sup> floor Chester, PA 19013 Phone: 610-874-1900 Address: 6800 Market Street, 2<sup>nd</sup> floor Upper Darby, PA 19802 Phone: 610-352-7255 Fax: 610-352-3174

<u>B.I.L.Y. (Because I Love You)</u> – Support group for parents having difficulty with their child's behavior Phone: 1-888-443-4481 Website: <u>www.becauseiloveyou.org</u>

<u>Delaware County Family Centers</u> – Parent support and information groups, family activities, information on health insurance and healthcare, assistance and information related to adult education, job training and employment, and individual and family counseling
Address: Crozer-Chester Community Division-Chester-Upland Site 2600 West 9<sup>th</sup> Street Chester, PA 19013
Phone: 610-494-9280
Address: Mercy Fitzgerald Campus-Southeast Delco Site St. Bernard Hall Upper Level 1515 Lansdowne Avenue Darby, PA 19082
Phone: 610-532-2811

<u>Family and Community Services of Delaware County</u> – Assistance for individuals, couples, and families Address: 100 West Front Street Media, PA 19063 Phone: 610-566-7540

<u>Family Forum</u> – Offers seminars with parent and children to promote family wellbeing and personal growth Address: 111 West Wayne Avenue P.O. Box 820 Wayne, PA 19087

Phone: 610-688-8881

<u>Parents Involved Network (PIN)</u> – Parent run self-help group for families of disabled children Address: 135 Long Lane, 3<sup>rd</sup> Floor Phone: 610-566-7540

Parent to Parent of Pennsylvania – Links families of children and adults with disabilities or special needs Address: Parent to Parent of PA SE 1901 Olde Homestead Lane P.O. Box 10485 Lancaster, PA 17808 Phone: 717-540-4722 Toll Free in PA: 1-800-986-4550 Website: www.parenttoparent.org

<u>Second Time Around Parents (STAP)</u> – Support for grandparents and the children they are raising Contact: Family and Community Service of Delaware County Address: 100 West Front Street Media, PA 19063 Phone: 610-566-7540

<u>Toughlove International</u>- Self-help support group for parents of troubled teens Address: 100 Mechanics Street Box 1069 Doylestown, PA 18901 Local Office: Christ Episcopal Church, Ridley Park, PA Phone: 215-348-7090 Toll Free: 1-800-333-1069

#### Parenting Issues and Pregnancy:

<u>Crozer-Keystone Healthy Start</u> – Provide individual and group workshops for parenting and prenatal care Phone: 610-497-7460

Delaware County Family Centers - Provides parenting programs

Phone: 610-532-2811 610-494-9280

<u>Delaware County Pregnancy Center</u> – Provide parenting education, adoption information, and pregnancy support Address: 2508 Edgemont Avenue Chester, PA 19013 Phone: 610-872-2229 888-643-7111

<u>Parenting Wisely</u> – Interactive parenting program designed to improve family communication and increase parental supervision and monitoring provided by Holcolmb Behavioral Health Systems and free for Delaware County residents

Phone: 1-484-444-0412

## School and Educational Supports:

<u>The Arc of Delaware County</u> – A nonprofit, volunteer association of children and adults with mental retardation, their families, and advocates. Address: 3544 West Chester Pike Suite 205 Newtown Square, PA 19073 Phone: 610-325-3950 <u>Pennsylvania's Education for all Coalition</u> – Partnership of parents, educators, and related professional working together to promote education in all children. Provide education, technical assistance, advocacy and supports Address: 300 Love Lane Norwood, PA 19074 Phone: 610-522-0698

RFB & D Learning through Listening (Recording for the Blind and Dyslexic) - A nonprofit organization that provides recorded books at all educational levels Address: 215 West Church Road Suite 111 King of Prussia, PA 19406-3209 Phone: 610-265-8090 ext. 21

#### Sexuality Concerns:

Gay and Lesbian Counseling Services Phone: 215-732-8255

<u>Open Door</u> – Confidential counseling of sexual minority youth Address: 1201 Chestnut Street, 3<sup>rd</sup> Floor Philadelphia, PA 19107 Phone: 215-563-0652 ext. 209

<u>Main Line Youth Alliance</u> – Supports for gay, lesbian, bisexual, and transgender youth Address: 106 West Lancaster Avenue Wayne, PA 19087 Phone: 610-688-1861

Parents and Friends of Lesbians and Gays (P-Flag) Phone: 215-572-1833

#### Job/Career Training:

<u>Careerlink</u> – Offers job placement and information, financial aid, educational opportunities training, volunteer programs, and services for employees Address: PA Department of Labor and Industry 701 Crosby Street, Suite B Chester, PA 19013 Phone: 610-447-3350

DCIU Options Program – Service of the DCIU that provides resources for people with disabilities who want to work. Address: 200 Yale Avenue Morton, PA 19070 Phone: 610-938-9000 ext. 2317

<u>Office of Employment and Training (OET)</u> – Summer youth employment and job training Address: 320 West State Street Media, PA 19063 Phone: 610-892-8850

<u>Office of Vocational Rehabilitation (OVR)</u> – Assists individuals with handicapping conditions to obtain competitive employment Address: 1062 East Lancaster Avenue Rosemont, PA 19010 Phone: 484-250-4340

<u>Values into Action:</u> - Provide supported living, in-home supports, employment supports, and health care coordination to individuals with disabilities Address: 206 W. State Street, suite LL Media, PA 19063 Phone: 610-565-5177 Toll free: 1-800-884-1813 Web site: <u>www.valuesintoaction.org</u> <u>Pregnancy/Child Care</u>

<u>Children's Health Insurance Program (CHIP)</u> Toll Free: 1-800-986-KIDS

<u>Healthy Start at Crozer-Chester Medical Center</u> – Maternity services, nutrition and counseling for low income pregnant women; Supports provided until child is 2 years old and has various supports Address: 1 Medical Center Blvd. Upland, PA 19015 Phone: 610-497-7460 <u>Crozer-Chester Medical Center-Pearl Hall</u> – Pregnancy and STD counseling and testing. Hours-Monday, Wednesday, Friday 1:00 p.m. – 3:00 p.m. Phone: 610-447-2200

<u>Healthy Baby Hotline</u> Toll Free: 1-800-986-2229

<u>Planned Parenthood</u> Address: 216 West State Street Media, PA 19063 Phone: 610-566-2830

<u>Women, Infants, & Children (W.I.C. Program)</u> – Provides free food vouchers, free nutrition information and counseling, referrals for health and social services, and free breastfeeding information and support Address: Community Hospital 2600 West 9<sup>th</sup> Street Chester, PA 19013 Phone:610-497-7668 Toll Free: 1-800-WIC-WINS

Psychiatrists:

<u>Richard Cruz, MD</u> – Adult, Adolescent, and Child Psychiatry Address: 1701 Augustine Wilmington, DE 19802 Phone: 302-656-9707

Marilyn R. Curran, MD – Psychiatry and Psychoanalysis for Adults, Children, and Adolescents Address: 1124 Indian Creek Road Wynnewood, PA 19096 Phone: 610-642-3255

<u>Charles Dick, MD</u> Psychiatry for Adolescents and Adults, marital and family therapy Address: 904 N. Providence Road Media, PA 19063 Phone: 610-566-8180 <u>Leander Ellis, MD</u> – Psychiatrist specializing in anxiety, depression, autism, and ADD Address: 100 S. Swarthmore Avenue Swarthmore, PA 19081 Phone: 610-544-2908

<u>Brock Roben, MD</u> – Child, Adolescent, and Adult Psychiatry Address: 110 Park Avenue Swarthmore, PA 19081 Phone: 610-328-3007

<u>Steven Secunda, MD</u> – Child and Adolescent Psychiatry Address: 1050 Baltimore Pike Springfield, PA 19064 Phone: 610-543-1990

#### Psychologists:

<u>Dale Blair, Ph.D.</u> – Individual, couples, family therapy, children and adolescent services, adult therapy, and women's issues Address: 16 West Front Street Media, PA 19063 Phone: 610-565-1129

<u>Richard E. Calhoun, Ph.D.</u> – Licensed psychologist, board certified drug/alcohol therapist provides individual, marital, and family therapy Address: 36 N. Pennell Road Media, PA 19063 Phone: 610-892-9227 (\*2) Fax: 610-892-3727 Email: <u>dr.calhoun@comcast.net</u>

<u>Springfield Psychological</u> – Individual, family, group counseling, & psychoeducational testing Address: 1489 Baltimore Pike, Suite 250 Springfield, PA 19064 Address: 811 West Chester Pike West Chester, PA 19382 Phone: 610-544-2110 Fax: 610-604-9510 Jay L. Segal, Ph.D – Licensed Psychologist Address: Suite 1128 1601 Walnut Street Philadelphia, PA 19102 Phone: 215-563-2882 Fax: 215-563-2028 Email: jay.segal@juno.com

<u>Mary L'Erario</u> – Psychotherapist Address: 201 Glendale Road Wallingford, PA 19086 Phone: 610-565-6835 Cell: 610-357-5254

<u>Kellie Wickland</u> – Social Worker Address: 6133 Germantown Avenue Philadelphia, PA 19144 Phone: 267-432-2374

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