Instructions for Symptomatic Individuals

You are being sent home because you are sick

If you have symptoms of COVID-19, schedule a test

Testing sites are located throughout the county. For more information and to schedule a test scan this QR code or visit:

https://bit.ly/cchdtesting

Individuals awaiting test results should:

- Be excluded from school and school activities
- Stay away from others as much as possible, especially vulnerable individuals
  - Anyone with chronic health conditions
  - Elderly individuals

Returning to School

Negative Test Result

Refer to your school's specific policies

Positive Test Result

You need to isolate for 10 days.

The Chester County Health Department will contact you to review public health isolation guidance.

- **Contact Tracing**
  - When you speak with the Health Department, it is important to share information for any individuals you have been in contact with.

Not Tested

You need to isolate for 10 days.

- Isolation lasts for at least 10 days after symptoms started.
- And at least **24 hours after the resolution of any fever** (without the use of fever-reducing medications).

What is Isolation?

Isolation is used to separate people sick with COVID-19, from people who are not infected. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).

When to Seek Emergency Medical Care

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Call your medical provider for any other symptoms that are severe or concerning to you.

Additional resources and guidance can be found at Chesco.org/coronavirus

If you have questions, please contact: 610-344-6225