# SPRINGFIELD SCHOOL DISTRICT

**District Administrative Office**
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September 14, 2026

## Health Screening Update (2026-2027)

**Dear Parents and Guardians,**

We are writing to provide an update regarding student health screenings in accordance with **Pennsylvania Act 20 of 2026**, signed into law by Governor Josh Shapiro on July 12, 2026.

Schools will continue to conduct required health screenings, including measurements of students' height and weight. These screenings will be performed by the school nurse or other qualified health care personnel and will be handled in a manner that protects student privacy and confidentiality.

Under the new law, **parents and guardians may request in writing that their child be exempt from height and weight measurements.** If you wish to request an exemption, please email your child's school nurse directly and explicitly state that you do NOT wish for your child to be included in these measurement screenings.

The law also includes changes regarding **Body Mass Index (BMI)** information. Schools may calculate BMI as part of required state reporting; however, **a student's BMI will NOT be provided to the student or parent/guardian unless the parent or guardian requests this information in writing.**

Our school remains committed to conducting student health screenings in a respectful, supportive, and confidential manner while complying with all applicable Pennsylvania requirements.

If you have questions regarding these changes or the health screening process, please contact your child's school nurse.

Thank you for your continued cooperation and partnership in supporting the health and well-being of our students.

Sincerely,

Springfield School District Administrative Team