

FREE AND REDUCED BREAKFAST OPTIONS

All students are entitled to the same breakfast selections, whether they pay regular price or qualify for free or reduced pricing. Breakfast does not include bottled beverages or additional breakfast items (pop tarts/snacks)

ELEMENTARY

Breakfast is not currently offered in our elementary schools.

MIDDLE SCHOOL

A complete breakfast consists of:

- **One** entrée – Please see menu for details (Breakfast Sandwiches or alternate hot entrée)
- Muffins, cereals, yogurts, string cheese
- Choice of fruit (fresh, canned, or frozen or fruit juice)
- Milk (1%, fat-free or flavored skim)

****Al La Carte items (Snacks, specialty beverages, additional breakfast items) are not included in the free/reduced breakfast program.***

HIGH SCHOOL

A complete breakfast consists of:

- **One** entrée – Please see menu for details (Breakfast Sandwiches or alternate hot entrée)
- Muffins, cereals, yogurts, string cheese
- Choice of fruit (fresh, canned, or frozen or fruit juice)
- Milk (1%, fat-free or flavored skim)

****Al La Carte items (Snacks, specialty beverages, additional breakfast items) are not included in the free/reduced breakfast program.***

Please be aware that any food item outside of the items listed above will not be considered a component of a free or reduced price meal and must be paid for separately. If you require further clarification, contact the food services manager at your child's school. A student receiving a free or reduced-price meal must choose at least 3 items (one must be a fruit or vegetable) for the breakfast to be considered complete as per the Department of Child Nutrition regulations. Anything less than this will be considered an a la carte purchase and must be paid for by the student.